

200 days schedule (CC3) for treatment of complicated cases of Type II Diabetes (Days 161 to 200).

Pankaj Oudhia

Introductory Note and Author's comment

In complicated cases of Type II Diabetes, the Traditional Healers of Indian state Chhattisgarh use Complex Herbal Formulations. They use it in form of schedules of different durations including 200 days schedule. These Complex Herbal Formulations are used with internal and external remedies and specific food materials. I have documented traditional knowledge practiced in over 10,000 complicated cases of Type II Diabetes. The information about 130 complicated cases is online through Ecoport. Remaining cases are in CGBD. The efforts are in progress to make CGBD online.

For documenting this vast knowledge I worked thousands of hours in field and Ecoport from self expense. I uploaded it in Ecoport for the purpose of knowledge sharing but Ecoport kept it far from not only the Google like search engines but also from its own search tools. It is not possible to reach to this information unless you know the exact link. As "Protest Against Ecoport" I decided to present my work on Diabetes through pankajoudhia.com and CGBD. It doubled my efforts but there was no way.

This research document presents knowledge about herbs and herbal formulations used in Complicated Case 3. In treatment of such cases there is no thumb rule. The treatment varies from patient to patient. Different Healers give different views and comments on same schedule. It results in modified schedules. Basic schedule is in Ecoport whereas modified schedules are in CGBD. Through this research document I am presenting Ecoport version of basic schedule.

Keywords: *Madhuca indica, Mangifera indica, Semecarpus anacardium, Pterocarpus marsupium, Azadirachta indica, Butea monosperma, Cleistanthus collinus, Ventilago denticulata, Terminalia chebula, Terminalia bellirica, Terminalia arjuna, Emblica officinalis, Cassia fistula, Schleicheria oleosa, Wrightia tinctoria, Chloroxylon swietenia, Diospyros melanoxylon, Haldina cordifolia, Mitraygyna parvifolia, Ficus benghalensis, Ficus religiosa, Ficus virens, Ficus racemosa, Syzygium cumini, Hymenodictyon excelsum, Buchanania lanzan, Artocarpus heterophyllus, Anthocephalus cadamba, Aegle marmelos, Shorea robusta, Kydia calycina, Tectona grandis, Vanda tessellata, Bombax ceiba, Dalbergia paniculata, Firmiana colorata, Terminalia alata, Pongamia pinnata, Chlorophytum tuberosum, Aloe vera, Curculigo orchioidea, Mucuna pruriens, Saraca asoca, Asparagus racemosus, Withania somnifera, Withania coagulans, Sphaeranthus indicus, Cyperus rotundus, Bos indicus, Trichuriella monsoniae, Justicia betonica, Paspalum scrobiculatum, Wattakaka volubilis, Knoxia mollis, Evolvulus nummularis, Waltheria indica, Phyllodium pulchellum, Selaginella bryopteris, Allmania nodiflora, Olax imbricata, Orthosiphon rubicundus, Symphorema involucratum,*

Lannea coromandelica, *Plumbago zeylenica*, *Rivea hypocrateformis*, *Helicteres isora*, *Combretum* sp., *Hemigraphis latebrosa*, *Lepidagathis cristata*, *Indoneesiella longipedunculata*, *Eragrostis uniloides*, *Cottonia peduncularis*, *Oryza sativa*, Medicinal Rice, Biodiversity, Documentation, Traditional Allelopathic Knowledge, Millets, Ayurveda, Unani, Type II Diabetes, Tree Shade Therapy, *Holarrhena antidysenterica*, *Eclipta alba*, Neem Mud, Medicinal Rice Soil, *Commelina benghalensis*, *Hyptis suaveolens*, *Blumea lacera*, *Hibiscus rosa-sinensis*, *Tridax procumbens*, *Solanum xanthocarpum*, *Achyranthes aspera*, *Sphaeranthus indicus*, *Urginea maritima*, *Jasminum sambac*, *Hedychium coronarium*, *Curcuma longa*, *Curcuma aromatica*, *Curcuma amada*, *Curcuma caesia*, *Mentha* sp., Jagmandal Kanda, Bhains Dhenti, *Trigonella foenum-graecum*, *Spilanthus acmella*, *Gloriosa superba*, *Careya arborea*, *Strychnos nux-vomica*, *Sterculia urens*, *Strychnos potatorum*, *Cassia fistula*, Medicinal Mushroom, Bare Foot Crushing, Madhumeh, Paramparik Gyan, *Dillenia indica*, *Annona squamosa*, *Annona reticulata*, *Miliusa tomentosa*, *Cissampelos pareira*, *Cocculus hirsutus*, *Tinospora cordifolia*, *Berberis asiatica*, *Nelumbo nucifera*, *Argemone mexicana*, *Fumaria indica*, *Brassica juncea*, *Cochlearia cochlearioides*, *Lepidium sativum*, *Eruca sativa*, *Sisymbrium irio*, *Capparis decidua*, *Crateva religiosa*, *Cleome monophylla*, *Cleome simplicifolia*, *Maerua arenaria*, *Hybanthus enneaspermus*, *Cochlospermum religiosum*, *Viola betonicifolia*, *Flacourtia indica*, *Drymaria cordata*, *Spergula arvensis*, *Stellaria media*, *Tamarix dioica*, *Tamarix ericoides*, *Abutilon hirtum*, *Abutilon indicum*, *Hibiscus cannabinus*, *Pavonia odorata*, *Pavonia repanda*, *Pavonia zeylanica*, *Thespesia populnea*, *Biophytum petersianum*, *Feronia limonia*, *Garuga pinnata*, *Aglaia elaeagnoidea*, *Melia azedarach*, *Toona ciliata*, *Cassine glauca*, *Maytenus bailadillana*, *Ampelocissus latifolia*, *Leea indica*, *Sapindus emarginatus*, *Sapindus laurifolia*, *Sapindus mukorossi*, *Butea parviflora*, *Clitoria ternatea*, *Dalbergia lanceolaria*, *Desmodium gangeticum*, *Indigofera angulosa*, *Indigofera caerulea*, *Indigofera cassioides*, *Indigofera cordifolia*, *Tephrosia purpurea*, *Shutteria vestita*, *Wagatea spicata*, *Rothia indica*, *Entada phaseoloides*, *Xylia xylocarpa*, *Osbeckia rostrata*, *Sonerila tenera*, *Pycnocycla glauca*, *Goniocaulon indicum*, *Wedelia urticaefolia*, *Stylidium tenellum*, *Youngia japonica*, *Opuntia* sp., *Celastrus paniculatus*, *Caesalpinia bonduc*, *Nerium* sp., *Triticum* sp., *Gossypium* sp., *Momordica charantia*, *Coccinia grandis*, *Coccinia palmata*, *Ricinus communis*, *Pueraria tuberosa*, *Tacca* sp., *Centella asiatica*, *Alangium salviifolium*, Medicinal Rice “Pashar”, *Cynodon dactylon*, *Cassia tora*, *Acorus calamus*, *Acorus gramineus*, *Gardenia gummifera*, Medicinal Rice “Baisur”, Medicinal Rice “Udan Pakheru”, Medicinal Rice “Kanthi Banko”, *Phyla nodiflora*, *Rubia cordifolia*, *Eulophia nuda*, *Putranjiva roxburghii*, *Euphorbia hirta*, *Boerhavia diffusa*, *Santalum album*, *Ocimum sanctum*, *Phyllanthus amarus*, *Leucas aspera*, *Leucas cephalotes*, *Carthamus oxyacantha*, *Carthamus tinctorius*, *Catharanthus roseus*, *Gymnema sylvestre*, *Oroxylum indicum*, *Agave americana*, *Tricholepis glaberrima*, *Trapa natans*, *Tribulus terrestris*, *Abroma* sp., *Typha* sp., *Abrus precatorius*, *Foeniculum vulgare*, *Lagenaria siceraria*, *Physalis minima*, *Fimbristylis* sp., *Sonchus asper*, *Vernonia* sp., *Mesua ferrea*, *Stereospermum personatum*, *Trachyspermum* sp., *Leonotis* sp., *Ficus mollis*, *Ficus rumphii*, *Garcinia* sp., *Asteracantha longifolia*, *Nyctanthes arbor-tristis*, *Nigella sativa*, *Lathyrus* sp., *Lantana camara*, *Parthenium hysterophorus*, *Stevia rebaudiana*, *Mallotus phillippensis*, *Eleusine indica*, *Ipomoea turpethum*, *Drynaria quercifolia*, *Elephantopus scaber*, *Abelmoschus ficulneus*, *Acacia catechu*, *Acacia concinna*, *Acacia farnesiana*, *Achyranthes bidentata*, *Adansonia digitata*, *Aeginetia indica*, *Aeschynomene americana*, *Ageratum houstonianum*, *Ageratum conyzoides*, *Amaranthus spinosus*, *Amaranthus viridis*, *Ananas comosus*, *Andrographis echinoides*, *Anogeissus latifolia*, *Apluda mutica*, *Argyrea nervosa*, *Arisaema costatum*, *Artemisia nilagirica*, *Artocarpus lakoocha*, *Averrhoa carambola*,

Bacopa monnieri, Barleria prionitis, Bauhinia purpurea, Bauhinia racemosa, Bauhinia vahlii, Bauhinia variegata, Bauhinia tomentosa, Benincasa hispida, Bidens pilosa, Biophytum sensitivum, Blumea glomerata, Blumea mollis, Borassus flabellifer, Bombax insigne, Boerhavia erecta, Brassica juncea, Bridelia retusa, Caesalpinia sappan, Cajanus cajan, Calotropis procera, Capparis decidua, Cardiospermum halicacabum, Carissa carandas, Caryota urens, Celosia argentea, Cestrum nocturnum, Chlorophytum comosum, Cichorium intybus, Cirsium arvense, Citrullus colocynthis, Citrus medica, Clerodendrum inerme, Coix lacryma-jobi, Coleus sp., Conyza sp., Corchorus sp., Costus speciosus, Cressa cretica, Crinum asiaticum,
 Acidosis, Diabetic; Diabetes Insipidus; Diabetes Insipidus, Nephrogenic; Diabetes Mellitus; Diabetes Mellitus, Adult-Onset; Diabetes Mellitus, Brittle; Diabetes Mellitus, Gestational; Diabetes Mellitus, Insulin-Dependent; Diabetes Mellitus, Juvenile-Onset; Diabetes Mellitus, Ketosis-Prone; Diabetes Mellitus, Ketosis-Resistant; Diabetes Mellitus, Maturity-Onset; Diabetes Mellitus, Non-Insulin-Dependent; Diabetes Mellitus, Slow-Onset; Diabetes Mellitus, Stable; Diabetes Mellitus, Sudden-Onset; Diabetes Mellitus, Type 1; Diabetes Mellitus, Type 2; Diabetes, Autoimmune; Diabetes, Bronze; Diabetes, Gestational; Diabetes, Pregnancy-Induced; Diabetic Amyotrophy; Diabetic Autonomic Neuropathy; Diabetic Ketoacidosis; Diabetic Ketosis; Diabetic Neuralgia; Diabetic Neuropathies, Diabetic Polyneuropathy; Diabetic Retinopathy; Jadi-Buti, Sugar ki bimari, Folklore; Diabetic patients (Initial stage) having stomach related troubles; old aged Diabetic patients having different types of skin diseases; old aged Diabetic patients having skin as well as stomach related diseases; female Diabetic patients having blood and stomach related troubles; Diabetic patients (advanced stage) having Kidney related troubles; Diabetic patients (advanced stage) having Sickle Cell Anaemia with poor body resistance; Diabetic patients (Second stage) having liver related troubles; Diabetic patients having poor body resistance with skin diseases; Diabetic patients (Second stage) with Kidney and Liver related troubles; Diabetic patients having blood related diseases with diseases of Digestive system; Diabetic patients having spleen and intestine related troubles; Diabetic patients having eye related diseases and Headache specially Sun Headache; Diabetic patients having nervous system related diseases; female Diabetic patients having spleen related troubles; Diabetic patients with poor sexual health; Diabetic patients having Heart troubles and Migraine; Diabetic patients at second stage having problem of Insomnia; Diabetic patients having spleen and urinary system related diseases; Diabetic patients having Piles specially bleeding Piles and poor memory; female Diabetic patients having Asthma and Leucorrhoea; Diabetic patients having digestive system related troubles; Diabetic patients having throat related troubles; the Diabetic patients having old respiratory troubles; Diabetic patients having extreme weakness due to exhaustive diseases; Diabetic patients having problem of chronic constipation and Acidity; Diabetic patients (Advanced stage) having Parkinson's disease; Diabetic patients (Advanced stage) having skin diseases; Diabetic patients (Advanced stage) having worm related troubles and Leucoderma; Diabetic patients, at initial stage having non healing old wounds; Diabetic patients, at initial stage having respiratory and gynecological troubles; Diabetic patients, at initial stage having initial stage of cancer; Diabetic patients, at initial stage having joint pain; Diabetic patients, at initial stage having new problem of Insanity and other associated troubles; Diabetic patients, at initial stage having Syphilis; Diabetic patients, at initial stage having old problem of Hydrocele and associated troubles; Diabetic patients, at initial stage having Urticaria and other related troubles; Diabetic patients, at initial stage having Sickle Cell Anaemia with extreme weakness; Diabetic patients, at initial stage having brain related troubles; Diabetic patients, at initial stage having AIDS like symptoms; Diabetic patients, at initial stage having advanced

stage of Sickle Cell Anaemia; Diabetes with hypertension and other associated troubles; Diabetes with Asthma and associated troubles; Diabetes with Asthma and Gout; Diabetes with Leucoderma; Diabetes with old problem of sinusitis.

How to Cite this Research Document

Oudhia, P. (2010). 200 days schedule (CC3) for treatment of complicated cases of Type II Diabetes.. <http://www.pankajoudhia.com>

© Pankaj Oudhia

Quick Navigation	EcoPort	Housekeeping Links
------------------	-------------------------	--------------------

Your logo & banner could be here - [read more](#) about supporting our free public service



Contributor: [Dr. Pankaj Oudhia](#)

Interactive Table

ID: 78132
[View Groups](#)

Day 161 to 164 of 200 days schedule (CC3) for treatment of complicated cases of Type II Diabetes suggested by Traditional Healers of Indian state Chhattisgarh. [Related Tables](#). [Related Report](#).

Time/Remedies	External Remedies	Internal Remedies	Remarks
DAY 1			
4 AM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			

10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
5 AM 1	TRSH1	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	CHAU	(WILD/ORG, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1		
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
6 AM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			

5			
6			
7			
8			
9			
10		CHAU	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
7 AM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		CHAU	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			

20			
8 AM 1	TRSH1	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	CHAU	(WILD/ORG, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
9 AM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		CHAU	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14			

15			
16			
17			
18			
19			
20			
10 AM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		CHAU	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 AM 1	TRSH1	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1	CHAU	(WILD/ORG, TAK, DO, FP, WS)

10	TRSH1		
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
12 AM 1	TRSH1	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	CHAU	(WILD/ORG, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1		
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
01 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			

5			
6			
7			
8			
9			
10		CHAU	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
02 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		CHAU	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			

20			
03 PM 1	TRSH1	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	CHAU	(WILD/ORG, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
04 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		CHAU	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14			

15			
16			
17			
18			
19			
20			
05 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		CHAU	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
06 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			

10		CHAU	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
07 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		CHAU	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
08 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			

3			
4			
5			
6			
7			
8			
9			
10		CHAU	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
09 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		CHAU	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			

18			
19			
20			
10 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		CHAU	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			

6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			

19			
20			
01 AM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP4		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			

8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

DAY 2			
4 AM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		CHAU	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
5 AM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2		
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2		
10	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
6 AM 1	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
7 AM 1	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6			

7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
8 AM 1	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		

20	TRSH2		
9 AM 1	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
10 AM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 AM 1	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
12 AM 1	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		

7	TRSH2		
8	TRSH2		
9	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
01 PM 1	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			

20			
02 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
03 PM 1	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
04 PM 1	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
05 PM 1	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		

7	TRSH2		
8	TRSH2		
9	TRSH2	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
06 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			

20			
07 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
08 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
09 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
10 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6			

7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			

15			
16			
17			
18			
19			
20			
12 PM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			

4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			

17			
18			
19			
20			
03 AM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
DAY 3			
4 AM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			

7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
19			
20			
5 AM 1	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3		
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3		
10	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
11	TRSH3		
12	TRSH3		
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3		
17	TRSH3		
18	TRSH3	CHF3 (5P-8S-10T, TAK, SP,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to

		FP, SECO, DO, NACOM)	consult the Healers. Don't take modern drugs with this formulation.
19	TRSH3		
20	TRSH3		
6 AM 1	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
7 AM 1	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		

7	TRSH3		
8	TRSH3		
9	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
8 AM 1	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

17	TRSH3		
18	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
9 AM 1	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		CHAU	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		CHAU	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
10 AM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			

7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		CHAU	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		CHAU	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
11 AM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		CHAU	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

17			
18		CHAU	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
12 AM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		CHAU	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		CHAU	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
01 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			

7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		CHAU	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		CHAU	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
02 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		CHAU	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

17			
18		CHAU	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
03 PM 1	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
04 PM 1	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		

7	TRSH3		
8	TRSH3		
9	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
05 PM 1	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

17	TRSH3		
18	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
06 PM 1	TRSH3	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		CHAU	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		CHAU	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
07 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			

7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		CHAU	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		CHAU	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
08 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		CHAU	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

17			
18		CHAU	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
09 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		CHAU	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		CHAU	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
10 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			

7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		CHAU	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		CHAU	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
11 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			

15			
16			
17			
18			
19			
20			
12 PM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			

4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			

17			
18			
19			
20			
03 AM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
DAY 4			
4 AM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3			
4			
5			
6			

7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9			
10		CHAU	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18			
19			
20			
5 AM 1	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		

15	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
6 AM 1	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
7 AM 1	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
7	TRSH4		

8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
8 AM 1	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		

9 AM 1	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
10 AM 1	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH4		

11	TRSH4		
12	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
11 AM 1	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4			
5		CHAU	(WILD/ORG, TAK, DO, FP, WS)
6			
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		CHAU	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15		CHAU	(WILD/ORG, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		CHAU	(WILD/ORG, TAK, DO, FP, WS)
19			
20			

12 AM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6		CHAU	(WILD/ORG, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		CHAU	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15		CHAU	(WILD/ORG, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		CHAU	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
01 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6		CHAU	(WILD/ORG, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		CHAU	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15		CHAU	(WILD/ORG, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		CHAU	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
02 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6		CHAU	(WILD/ORG, TAK, DO, FP, WS)
7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		CHAU	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15		CHAU	(WILD/ORG, TAK, DO, FP, WS)
16			
17			
18		CHAU	(WILD/ORG, TAK, DO, FP, WS)
19			
20			

03 PM 1	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
04 PM 1	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH4		

11	TRSH4		
12	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
05 PM 1	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		

06 PM 1	TRSH4	CHAU	(WILD/ORG, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6		CHAU	(WILD/ORG, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		CHAU	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15		CHAU	(WILD/ORG, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		CHAU	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
07 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6		CHAU	(WILD/ORG, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		CHAU	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15		CHAU	(WILD/ORG, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		CHAU	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
08 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6		CHAU	(WILD/ORG, TAK, DO, FP, WS)
7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		CHAU	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15		CHAU	(WILD/ORG, TAK, DO, FP, WS)
16			
17			
18		CHAU	(WILD/ORG, TAK, DO, FP, WS)
19			
20			

09 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6		CHAU	(WILD/ORG, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		CHAU	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15		CHAU	(WILD/ORG, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		CHAU	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
10 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2			
3		CHAU	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6		CHAU	(WILD/ORG, TAK, DO, FP, WS)
7			
8			
9		CHAU	(WILD/ORG, TAK, DO, FP, WS)
10			

11			
12		CHAU	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15		CHAU	(WILD/ORG, TAK, DO, FP, WS)
16			
17			
18		CHAU	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
11 PM 1		CHAU	(WILD/ORG, TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

12 PM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			

10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP4		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed

			carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

[Sign in](#)

Quick Navigation	EcoPort	Housekeeping Links
------------------	-------------------------	--------------------

Your logo & banner could be here - [read more](#) about supporting our free public service



Contributor: [Dr. Pankaj Oudhia](#)

Interactive Table

ID: 78133

[View Groups](#)

Day 165 to 168 of 200 days schedule (CC3) for treatment of complicated cases of Type II Diabetes suggested by Traditional Healers of Indian state Chhattisgarh. [Related Tables](#). [Related](#)

[Report.](#)

Time/Remedies	External Remedies	Internal Remedies	Remarks
DAY 1			
4 AM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
5 AM 1	TRSH1	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	BAST	(WILD/ORG, TAK, DO, FP, WS)
11	TRSH1		

12	TRSH1		
13	TRSH1		
14	TRSH1		
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
6 AM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAST	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
7 AM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			

7			
8			
9			
10		BAST	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
8 AM 1	TRSH1	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	BAST	(WILD/ORG, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
9 AM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)

2			
3			
4			
5			
6			
7			
8			
9			
10		BAST	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
10 AM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAST	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			

17			
18			
19			
20			
11 AM 1	TRSH1	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1	BAST	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH1		
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
12 AM 1	TRSH1	BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	BAST	(WILD/ORG, TAK, DO, FP, WS)
11	TRSH1		

12	TRSH1		
13	TRSH1		
14	TRSH1		
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
01 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAST	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
02 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			

7			
8			
9			
10		BAST	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 PM 1	TRSH1	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	BAST	(WILD/ORG, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
04 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)

2			
3			
4			
5			
6			
7			
8			
9			
10		BAST	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
05 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAST	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			

17			
18			
19			
20			
06 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAST	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
07 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAST	(WILD/ORG, TAK, DO, FP, WS)
11			

12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
08 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAST	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
09 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			

7			
8			
9			
10		BAST	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
10 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAST	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			

20			
11 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			

6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			

19			
20			
02 AM 1	HDP4		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			

8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
DAY 2			
4 AM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAST	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
5 AM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)

2	TRSH2		
3	TRSH2		
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2		
10	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
6 AM 1	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
7 AM 1	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
8 AM 1	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)

10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
9 AM 1	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
10 AM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			

3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 AM 1	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		

16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
12 AM 1	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
01 PM 1	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			

11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
02 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
03 PM 1	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)

4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
04 PM 1	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		

17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
05 PM 1	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	BAST	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
06 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			

12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
07 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
08 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4			

5			
6			
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
09 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			

18			
19			
20			
10 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			

6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			

19			
20			
01 AM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			

8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

DAY 3			
4 AM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3			
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
19			
20			
5 AM 1	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3		
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3		

10	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
11	TRSH3		
12	TRSH3		
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3		
17	TRSH3		
18	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
19	TRSH3		
20	TRSH3		
6 AM 1	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH3		

20	TRSH3		
7 AM 1	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
8 AM 1	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)

10	TRSH3		
11	TRSH3		
12	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
9 AM 1	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		BAST	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAST	(WILD/ORG, TAK, DO, FP, WS)
19			

20			
10 AM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		BAST	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAST	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
11 AM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)

10			
11			
12		BAST	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAST	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
12 AM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		BAST	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAST	(WILD/ORG, TAK, DO, FP, WS)
19			

20			
01 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		BAST	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAST	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
02 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)

10			
11			
12		BAST	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAST	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
03 PM 1	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH3		

20	TRSH3		
04 PM 1	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
05 PM 1	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)

10	TRSH3		
11	TRSH3		
12	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
06 PM 1	TRSH3	BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		BAST	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAST	(WILD/ORG, TAK, DO, FP, WS)
19			

20			
07 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		BAST	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAST	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
08 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)

10			
11			
12		BAST	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAST	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
09 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		BAST	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAST	(WILD/ORG, TAK, DO, FP, WS)
19			

20			
10 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		BAST	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAST	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
11 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			

5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			

18			
19			
20			
01 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			

7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			

20			
DAY 4			
4 AM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3			
4			
5			
6			
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9			
10		BAST	(WILD/ORG, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18			
19			
20			
5 AM 1	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)

7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
6 AM 1	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH4		

20	TRSH4		
7 AM 1	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
8 AM 1	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)

10	TRSH4		
11	TRSH4		
12	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
9 AM 1	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH4		

20	TRSH4		
10 AM 1	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
11 AM 1	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4			
5		BAST	(WILD/ORG, TAK, DO, FP, WS)
6			
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		BAST	(WILD/ORG, TAK, DO, FP, WS)

13			
14			
15		BAST	(WILD/ORG, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAST	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
12 AM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6		BAST	(WILD/ORG, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		BAST	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15		BAST	(WILD/ORG, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAST	(WILD/ORG, TAK, DO, FP, WS)
19			
20			

01 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6		BAST	(WILD/ORG, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		BAST	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15		BAST	(WILD/ORG, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAST	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
02 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6		BAST	(WILD/ORG, TAK, DO, FP, WS)
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			

11			
12		BAST	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15		BAST	(WILD/ORG, TAK, DO, FP, WS)
16			
17			
18		BAST	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
03 PM 1	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		

04 PM 1	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
05 PM 1	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
13	TRSH4		

14	TRSH4		
15	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
06 PM 1	TRSH4	BAST	(WILD/ORG, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6		BAST	(WILD/ORG, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		BAST	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15		BAST	(WILD/ORG, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAST	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
07 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)

2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6		BAST	(WILD/ORG, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		BAST	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15		BAST	(WILD/ORG, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAST	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
08 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2			
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6		BAST	(WILD/ORG, TAK, DO, FP, WS)
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			

12		BAST	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15		BAST	(WILD/ORG, TAK, DO, FP, WS)
16			
17			
18		BAST	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
09 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6		BAST	(WILD/ORG, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		BAST	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15		BAST	(WILD/ORG, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAST	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
10 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)

2			
3		BAST	(WILD/ORG, TAK, DO, FP, WS)
4			
5			
6		BAST	(WILD/ORG, TAK, DO, FP, WS)
7			
8			
9		BAST	(WILD/ORG, TAK, DO, FP, WS)
10			
11			
12		BAST	(WILD/ORG, TAK, DO, FP, WS)
13			
14			
15		BAST	(WILD/ORG, TAK, DO, FP, WS)
16			
17			
18		BAST	(WILD/ORG, TAK, DO, FP, WS)
19			
20			
11 PM 1		BAST	(WILD/ORG, TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			

12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then

			consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			

14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP4		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

[Sign in](#)

Quick Navigation



[EcoPort](#)

Housekeeping Links



Your logo & banner could be here - [read more](#) about supporting our free public

service



Contributor: [Dr. Pankaj Oudhia](#)

Interactive Table

ID: 78134

[View Groups](#)

Day 169 to 172 of 200 days schedule (CC3) for treatment of complicated cases of Type II Diabetes suggested by Traditional Healers of Indian state Chhattisgarh. [Related Tables](#). [Related Report](#).

Time/Remedies	External Remedies	Internal Remedies	Remarks
DAY 1			
4 AM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
5 AM 1	TRSH1	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH1		

3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	JAMU	(WILD, OTR TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1		
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
6 AM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			

18			
19			
20			
7 AM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
8 AM 1	TRSH1	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	JAMU	(WILD, OTR TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate

		FP, SECO, DO, NACOM)	to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
9 AM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
10 AM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, OTR TAK, DO, FP, WS)

11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 AM 1	TRSH1	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1	JAMU	(WILD, OTR TAK, DO, FP, WS)
10	TRSH1		
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
12 AM 1	TRSH1	JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3	TRSH1		

4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	JAMU	(WILD, OTR TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1		
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
01 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			

19			
20			
02 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 PM 1	TRSH1	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	JAMU	(WILD, OTR TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs

		NACOM)	with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
04 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
05 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, OTR TAK, DO, FP, WS)
11			

12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
06 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
07 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			

5			
6			
7			
8			
9			
10		JAMU	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
08 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			

20			
09 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
10 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or

			wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			

12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP4		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then

			consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
DAY 2			
4 AM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

15			
16			
17			
18			
19			
20			
5 AM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2		
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2		
10	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
6 AM 1	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)

10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
7 AM 1	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
8 AM 1	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		

3	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
9 AM 1	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		

16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
10 AM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 AM 1	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		

11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
12 AM 1	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
01 PM 1	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)

4			
5			
6			
7			
8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
02 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			

17			
18			
19			
20			
03 PM 1	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
04 PM 1	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		

12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
05 PM 1	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	JAMU	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
06 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4			

5			
6			
7			
8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
07 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			

18			
19			
20			
08 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
09 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			

13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
10 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have

			respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			

11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have

			respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			

14			
15			
16			
17			
18			
19			
20			
DAY 3			
4 AM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
19			
20			
5 AM 1	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3		
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate

		FP, SECO, DO, NACOM)	to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3		
10	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
11	TRSH3		
12	TRSH3		
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3		
17	TRSH3		
18	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
19	TRSH3		
20	TRSH3		
6 AM 1	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		

16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
7 AM 1	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
8 AM 1	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs

		NACOM)	with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
9 AM 1	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, OTR TAK, DO, FP, WS)
19			
20			
10 AM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, OTR TAK, DO, FP, WS)
19			
20			
11 AM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

5			
6			
7			
8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, OTR TAK, DO, FP, WS)
19			
20			
12 AM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate

		FP, SECO, DO, NACOM)	to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, OTR TAK, DO, FP, WS)
19			
20			
01 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, OTR TAK, DO, FP, WS)
19			
20			
02 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

5			
6			
7			
8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, OTR TAK, DO, FP, WS)
19			
20			
03 PM 1	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate

		FP, SECO, DO, NACOM)	to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
04 PM 1	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
05 PM 1	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
06 PM 1	TRSH3	JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate

		FP, SECO, DO, NACOM)	to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, OTR TAK, DO, FP, WS)
19			
20			
07 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, OTR TAK, DO, FP, WS)
19			
20			
08 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

5			
6			
7			
8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, OTR TAK, DO, FP, WS)
19			
20			
09 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate

		FP, SECO, DO, NACOM)	to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, OTR TAK, DO, FP, WS)
19			
20			
10 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, OTR TAK, DO, FP, WS)
19			
20			
11 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external

			remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			

14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			

3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			

16			
17			
18			
19			
20			
DAY 4			
4 AM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3			
4			
5			
6			
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9			
10		JAMU	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18			
19			
20			
5 AM 1	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

3	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
6 AM 1	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)

16	TRSH4		
17	TRSH4		
18	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
7 AM 1	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
8 AM 1	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		

6	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
9 AM 1	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs

		NACOM)	with this formulation.
17	TRSH4		
18	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
10 AM 1	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
11 AM 1	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4			
5		JAMU	(WILD, OTR TAK, DO, FP, WS)
6			
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		JAMU	(WILD, OTR TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, OTR TAK, DO, FP, WS)
19			
20			
12 AM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		JAMU	(WILD, OTR TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		JAMU	(WILD, OTR TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

17			
18		JAMU	(WILD, OTR TAK, DO, FP, WS)
19			
20			
01 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		JAMU	(WILD, OTR TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		JAMU	(WILD, OTR TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, OTR TAK, DO, FP, WS)
19			
20			
02 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		JAMU	(WILD, OTR TAK, DO, FP, WS)

7			
8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		JAMU	(WILD, OTR TAK, DO, FP, WS)
16			
17			
18		JAMU	(WILD, OTR TAK, DO, FP, WS)
19			
20			
03 PM 1	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

17	TRSH4		
18	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
04 PM 1	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
05 PM 1	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)

10	TRSH4		
11	TRSH4		
12	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
06 PM 1	TRSH4	JAMU	(WILD, OTR TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		JAMU	(WILD, OTR TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		JAMU	(WILD, OTR TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			

18		JAMU	(WILD, OTR TAK, DO, FP, WS)
19			
20			
07 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		JAMU	(WILD, OTR TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		JAMU	(WILD, OTR TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, OTR TAK, DO, FP, WS)
19			
20			
08 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		JAMU	(WILD, OTR TAK, DO, FP, WS)
7			

8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		JAMU	(WILD, OTR TAK, DO, FP, WS)
16			
17			
18		JAMU	(WILD, OTR TAK, DO, FP, WS)
19			
20			
09 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		JAMU	(WILD, OTR TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		JAMU	(WILD, OTR TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			

18		JAMU	(WILD, OTR TAK, DO, FP, WS)
19			
20			
10 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2			
3		JAMU	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		JAMU	(WILD, OTR TAK, DO, FP, WS)
7			
8			
9		JAMU	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		JAMU	(WILD, OTR TAK, DO, FP, WS)
16			
17			
18		JAMU	(WILD, OTR TAK, DO, FP, WS)
19			
20			
11 PM 1		JAMU	(WILD, OTR TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			

8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

01 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			

10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP4		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

[Sign in](#)

Quick Navigation

[EcoPort](#)

Housekeeping Links

Your logo & banner could be here - [read more](#) about supporting our free public service



Contributor: [Dr. Pankaj Oudhia](#)

Interactive Table

ID: 78135

[View Groups](#)

Day 173 to 176 of 200 days schedule (CC3) for treatment of complicated cases of Type II Diabetes suggested by Traditional Healers of Indian state Chhattisgarh. [Related Tables](#). [Related Report](#).

Time/Remedies	External Remedies	Internal Remedies	Remarks
DAY 1			
4 AM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			

19			
20			
5 AM 1	TRSH1	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	BAFR	(WILD, OTR TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1		
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
6 AM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAFR	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs

		NACOM)	with this formulation.
15			
16			
17			
18			
19			
20			
7 AM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAFR	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
8 AM 1	TRSH1	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	BAFR	(WILD, OTR TAK, DO, FP, WS)
11	TRSH1		

12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
9 AM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAFR	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
10 AM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			

7			
8			
9			
10		BAFR	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 AM 1	TRSH1	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1	BAFR	(WILD, OTR TAK, DO, FP, WS)
10	TRSH1		
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		

20	TRSH1		
12 AM 1	TRSH1	BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	BAFR	(WILD, OTR TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1		
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
01 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAFR	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

15			
16			
17			
18			
19			
20			
02 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAFR	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 PM 1	TRSH1	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	BAFR	(WILD, OTR TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		

13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
04 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAFR	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
05 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			

8			
9			
10		BAFR	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
06 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAFR	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			

07 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAFR	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
08 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAFR	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14			
15			

16			
17			
18			
19			
20			
09 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAFR	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
10 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAFR	(WILD, OTR TAK, DO, FP, WS)

11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			

19			
20			
12 PM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			

8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP4		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

03 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
DAY 2			
4 AM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAFR	(WILD, OTR TAK, DO, FP, WS)
11			
12			

13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
5 AM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2		
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2		
10	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
6 AM 1	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		

6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
7 AM 1	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			

19			
20			
8 AM 1	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
9 AM 1	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		

14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
10 AM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 AM 1	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		

7	TRSH2		
8	TRSH2		
9	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
12 AM 1	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		

20	TRSH2		
01 PM 1	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
02 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
03 PM 1	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
04 PM 1	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		

7	TRSH2		
8	TRSH2		
9	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
05 PM 1	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	BAFR	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		

20	TRSH2		
06 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
07 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
08 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
09 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			

7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
10 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			

20			
11 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			

6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			

19			
20			
02 AM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			

8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
DAY 3			
4 AM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
19			

20			
5 AM 1	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3		
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3		
10	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
11	TRSH3		
12	TRSH3		
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3		
17	TRSH3		
18	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
19	TRSH3		
20	TRSH3		
6 AM 1	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)

10	TRSH3		
11	TRSH3		
12	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
7 AM 1	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
19	TRSH3		

20	TRSH3		
8 AM 1	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
9 AM 1	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)

10			
11			
12		BAFR	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, OTR TAK, DO, FP, WS)
19			
20			
10 AM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, OTR TAK, DO, FP, WS)
19			

20			
11 AM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, OTR TAK, DO, FP, WS)
19			
20			
12 AM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)

10			
11			
12		BAFR	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, OTR TAK, DO, FP, WS)
19			
20			
01 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, OTR TAK, DO, FP, WS)
19			

20			
02 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, OTR TAK, DO, FP, WS)
19			
20			
03 PM 1	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)

10	TRSH3		
11	TRSH3		
12	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
04 PM 1	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
19	TRSH3		

20	TRSH3		
05 PM 1	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
06 PM 1	TRSH3	BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)

10			
11			
12		BAFR	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, OTR TAK, DO, FP, WS)
19			
20			
07 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, OTR TAK, DO, FP, WS)
19			

20			
08 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, OTR TAK, DO, FP, WS)
19			
20			
09 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)

10			
11			
12		BAFR	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, OTR TAK, DO, FP, WS)
19			
20			
10 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, OTR TAK, DO, FP, WS)
19			

20			
11 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			

6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			

19			
20			
02 AM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			

8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
DAY 4			
4 AM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3			
4			
5			
6			
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9			
10		BAFR	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

17			
18			
19			
20			
5 AM 1	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
6 AM 1	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)

7	TRSH4		
8	TRSH4		
9	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
7 AM 1	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

17	TRSH4		
18	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
8 AM 1	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
9 AM 1	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)

10	TRSH4		
11	TRSH4		
12	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
10 AM 1	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
11 AM 1	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4			
5		BAFR	(WILD, OTR TAK, DO, FP, WS)
6			
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		BAFR	(WILD, OTR TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, OTR TAK, DO, FP, WS)
19			
20			
12 AM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		BAFR	(WILD, OTR TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			

11			
12		BAFR	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		BAFR	(WILD, OTR TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, OTR TAK, DO, FP, WS)
19			
20			
01 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		BAFR	(WILD, OTR TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		BAFR	(WILD, OTR TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, OTR TAK, DO, FP, WS)

19			
20			
02 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		BAFR	(WILD, OTR TAK, DO, FP, WS)
7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		BAFR	(WILD, OTR TAK, DO, FP, WS)
16			
17			
18		BAFR	(WILD, OTR TAK, DO, FP, WS)
19			
20			
03 PM 1	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		

12	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
04 PM 1	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
05 PM 1	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		

5	TRSH4		
6	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
06 PM 1	TRSH4	BAFR	(WILD, OTR TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		BAFR	(WILD, OTR TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, OTR TAK, DO, FP, WS)

13			
14			
15		BAFR	(WILD, OTR TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, OTR TAK, DO, FP, WS)
19			
20			
07 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		BAFR	(WILD, OTR TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		BAFR	(WILD, OTR TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, OTR TAK, DO, FP, WS)
19			
20			

08 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		BAFR	(WILD, OTR TAK, DO, FP, WS)
7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		BAFR	(WILD, OTR TAK, DO, FP, WS)
16			
17			
18		BAFR	(WILD, OTR TAK, DO, FP, WS)
19			
20			
09 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		BAFR	(WILD, OTR TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, OTR TAK, DO, FP, WS)
13			

14			
15		BAFR	(WILD, OTR TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, OTR TAK, DO, FP, WS)
19			
20			
10 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2			
3		BAFR	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		BAFR	(WILD, OTR TAK, DO, FP, WS)
7			
8			
9		BAFR	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		BAFR	(WILD, OTR TAK, DO, FP, WS)
16			
17			
18		BAFR	(WILD, OTR TAK, DO, FP, WS)
19			
20			
11 PM 1		BAFR	(WILD, OTR TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3

			AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			

15			
16			
17			
18			
19			
20			
01 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			

4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP4		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			

17			
18			
19			
20			

[Sign in](#)

Quick Navigation	EcoPort	Housekeeping Links
------------------	-------------------------	--------------------

Your logo & banner could be here - [read more](#) about supporting our free public service



Contributor: [Dr. Pankaj Oudhia](#)

Interactive Table

ID: 78136

[View Groups](#)

Day 177 to 180 of 200 days schedule (CC3) for treatment of complicated cases of Type II Diabetes suggested by Traditional Healers of Indian state Chhattisgarh. [Related Tables](#). [Related Report](#).

Time/Remedies	External Remedies	Internal Remedies	Remarks
DAY 1			
4 AM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
5 AM 1	TRSH1	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	KAIT	(WILD, OTR TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1		
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
6 AM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			

10		KAIT	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
7 AM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		KAIT	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
8 AM 1	TRSH1	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		

5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	KAIT	(WILD, OTR TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
9 AM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		KAIT	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			

20			
10 AM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		KAIT	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 AM 1	TRSH1	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH1		
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
12 AM 1	TRSH1	KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	KAIT	(WILD, OTR TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1		
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
01 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			

10		KAIT	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
02 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		KAIT	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 PM 1	TRSH1	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		

5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	KAIT	(WILD, OTR TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
04 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		KAIT	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			

20			
05 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		KAIT	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
06 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		KAIT	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
07 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		KAIT	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
08 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			

7			
8			
9			
10		KAIT	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
09 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		KAIT	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
10 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)

2			
3			
4			
5			
6			
7			
8			
9			
10		KAIT	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			

10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed

			carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP4		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			

13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
DAY 2			
4 AM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4			

5			
6			
7			
8			
9			
10		KAIT	(WILD, OTR TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
5 AM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2		
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2		
10	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		

18	TRSH2		
19	TRSH2		
20	TRSH2		
6 AM 1	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
7 AM 1	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			

13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
8 AM 1	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
9 AM 1	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		

6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
10 AM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			

19			
20			
11 AM 1	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
12 AM 1	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		

14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
01 PM 1	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
02 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			

7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
03 PM 1	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		

20	TRSH2		
04 PM 1	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
05 PM 1	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
06 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
07 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			

7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
08 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			

20			
09 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
10 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or

			wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			

12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then

			consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
DAY 3			
4 AM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3			
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			

15			
16			
17			
18		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
19			
20			
5 AM 1	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3		
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3		
10	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
11	TRSH3		
12	TRSH3		
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3		
17	TRSH3		
18	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
19	TRSH3		
20	TRSH3		
6 AM 1	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
7 AM 1	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		

15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
8 AM 1	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
9 AM 1	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		KAIT	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		KAIT	(WILD, OTR TAK, DO, FP, WS)
19			
20			
10 AM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		KAIT	(WILD, OTR TAK, DO, FP, WS)
13			
14			

15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		KAIT	(WILD, OTR TAK, DO, FP, WS)
19			
20			
11 AM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		KAIT	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		KAIT	(WILD, OTR TAK, DO, FP, WS)
19			
20			
12 AM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		KAIT	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		KAIT	(WILD, OTR TAK, DO, FP, WS)
19			
20			
01 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		KAIT	(WILD, OTR TAK, DO, FP, WS)
13			
14			

15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		KAIT	(WILD, OTR TAK, DO, FP, WS)
19			
20			
02 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		KAIT	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		KAIT	(WILD, OTR TAK, DO, FP, WS)
19			
20			
03 PM 1	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
04 PM 1	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		

15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
05 PM 1	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
06 PM 1	TRSH3	KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		KAIT	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		KAIT	(WILD, OTR TAK, DO, FP, WS)
19			
20			
07 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		KAIT	(WILD, OTR TAK, DO, FP, WS)
13			
14			

15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		KAIT	(WILD, OTR TAK, DO, FP, WS)
19			
20			
08 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		KAIT	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		KAIT	(WILD, OTR TAK, DO, FP, WS)
19			
20			
09 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		KAIT	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		KAIT	(WILD, OTR TAK, DO, FP, WS)
19			
20			
10 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		KAIT	(WILD, OTR TAK, DO, FP, WS)
13			
14			

15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		KAIT	(WILD, OTR TAK, DO, FP, WS)
19			
20			
11 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or

			wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			

12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then

			consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
DAY 4			
4 AM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3			
4			
5			
6			
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9			
10		KAIT	(WILD, OTR TAK, DO, FP, WS)
11			
12			

13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18			
19			
20			
5 AM 1	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		

6 AM 1	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
7 AM 1	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		

14	TRSH4		
15	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
8 AM 1	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
9 AM 1	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)

7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
10 AM 1	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		

20	TRSH4		
11 AM 1	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4			
5		KAIT	(WILD, OTR TAK, DO, FP, WS)
6			
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		KAIT	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		KAIT	(WILD, OTR TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		KAIT	(WILD, OTR TAK, DO, FP, WS)
19			
20			
12 AM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		KAIT	(WILD, OTR TAK, DO, FP, WS)
7			

8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		KAIT	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		KAIT	(WILD, OTR TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		KAIT	(WILD, OTR TAK, DO, FP, WS)
19			
20			
01 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		KAIT	(WILD, OTR TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		KAIT	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		KAIT	(WILD, OTR TAK, DO, FP, WS)

16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		KAIT	(WILD, OTR TAK, DO, FP, WS)
19			
20			
02 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		KAIT	(WILD, OTR TAK, DO, FP, WS)
7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		KAIT	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		KAIT	(WILD, OTR TAK, DO, FP, WS)
16			
17			
18		KAIT	(WILD, OTR TAK, DO, FP, WS)
19			
20			
03 PM 1	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
04 PM 1	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		

05 PM 1	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
06 PM 1	TRSH4	KAIT	(WILD, OTR TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		KAIT	(WILD, OTR TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		KAIT	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		KAIT	(WILD, OTR TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		KAIT	(WILD, OTR TAK, DO, FP, WS)
19			
20			
07 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		KAIT	(WILD, OTR TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		KAIT	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		KAIT	(WILD, OTR TAK, DO, FP, WS)
16		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		KAIT	(WILD, OTR TAK, DO, FP, WS)
19			
20			
08 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		KAIT	(WILD, OTR TAK, DO, FP, WS)
7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		KAIT	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		KAIT	(WILD, OTR TAK, DO, FP, WS)
16			
17			
18		KAIT	(WILD, OTR TAK, DO, FP, WS)
19			
20			
09 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		KAIT	(WILD, OTR TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate

		FP, SECO, DO, NACOM)	to consult the Healers. Don't take modern drugs with this formulation.
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		KAIT	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		KAIT	(WILD, OTR TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		KAIT	(WILD, OTR TAK, DO, FP, WS)
19			
20			
10 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)
2			
3		KAIT	(WILD, OTR TAK, DO, FP, WS)
4			
5			
6		KAIT	(WILD, OTR TAK, DO, FP, WS)
7			
8			
9		KAIT	(WILD, OTR TAK, DO, FP, WS)
10			
11			
12		KAIT	(WILD, OTR TAK, DO, FP, WS)
13			
14			
15		KAIT	(WILD, OTR TAK, DO, FP, WS)
16			
17			
18		KAIT	(WILD, OTR TAK, DO, FP, WS)
19			
20			
11 PM 1		KAIT	(WILD, OTR TAK, DO, FP, WS)

2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			

8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

02 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP4		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			

10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

[Sign in](#)

Quick Navigation

[EcoPort](#)

Housekeeping Links

Your logo & banner could be here - [read more](#) about supporting our free public service



Contributor: [Dr. Pankaj Oudhia](#)

Interactive Table

ID: 78137

[View Groups](#)

Day 181 to 184 of 200 days schedule (CC3) for treatment of complicated cases of Type II Diabetes suggested by Traditional Healers of Indian state Chhattisgarh. [Related Tables](#). [Related Report](#).

Time/Remedies	External Remedies	Internal Remedies	Remarks
DAY 1			
4 AM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			

8			
9			
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
5 AM 1	TRSH1	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	GYMN	(WILD, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1		
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
6 AM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			

3			
4			
5			
6			
7			
8			
9			
10		GYMN	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
7 AM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		GYMN	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			

18			
19			
20			
8 AM 1	TRSH1	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	GYMN	(WILD, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
9 AM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		GYMN	(WILD, TAK, DO, FP, WS)
11			
12			

13			
14			
15			
16			
17			
18			
19			
20			
10 AM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		GYMN	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 AM 1	TRSH1	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		

8	TRSH1		
9	TRSH1	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH1		
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
12 AM 1	TRSH1	GYMN	(WILD, TAK, DO, FP, WS)
2			
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	GYMN	(WILD, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1		
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
01 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			

3			
4			
5			
6			
7			
8			
9			
10		GYMN	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
02 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		GYMN	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			

18			
19			
20			
03 PM 1	TRSH1	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	GYMN	(WILD, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
04 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		GYMN	(WILD, TAK, DO, FP, WS)
11			
12			

13			
14			
15			
16			
17			
18			
19			
20			
05 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		GYMN	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
06 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			

8			
9			
10		GYMN	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
07 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		GYMN	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			

08 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		GYMN	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
09 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		GYMN	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			

16			
17			
18			
19			
20			
10 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		GYMN	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.

4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			

17			
18			
19			
20			
01 AM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP4		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			

6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			

19			
20			
DAY 2			
4 AM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		GYMN	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
5 AM 1		GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2		
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2		
10	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
11	TRSH2		
12	TRSH2		

13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
6 AM 1	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
7 AM 1	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4			
5			

6			
7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
8 AM 1	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		

19	TRSH2		
20	TRSH2		
9 AM 1	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
10 AM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			

14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 AM 1	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
12 AM 1	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		

7	TRSH2		
8	TRSH2		
9	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
01 PM 1	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			

20			
02 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
03 PM 1	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
2			
3	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
04 PM 1	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
05 PM 1	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		

7	TRSH2		
8	TRSH2		
9	TRSH2	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
06 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			

20			
07 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
08 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
09 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
10 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4			
5			
6			

7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			

15			
16			
17			
18			
19			
20			
12 PM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			

4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			

17			
18			
19			
20			
03 AM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
DAY 3			
4 AM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3			
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			

7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
19			
20			
5 AM 1	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3		
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3		
10	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
11	TRSH3		
12	TRSH3		
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3		
17	TRSH3		
18	TRSH3	CHF3 (5P-8S-10T, TAK, SP,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate

		FP, SECO, DO, NACOM)	to consult the Healers. Don't take modern drugs with this formulation.
19	TRSH3		
20	TRSH3		
6 AM 1	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
7 AM 1	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		

7	TRSH3		
8	TRSH3		
9	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
8 AM 1	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

17	TRSH3		
18	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
9 AM 1	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12		GYMN	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		GYMN	(WILD, TAK, DO, FP, WS)
19			
20			
10 AM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			

7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12		GYMN	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		GYMN	(WILD, TAK, DO, FP, WS)
19			
20			
11 AM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12		GYMN	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

17			
18		GYMN	(WILD, TAK, DO, FP, WS)
19			
20			
12 AM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12		GYMN	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		GYMN	(WILD, TAK, DO, FP, WS)
19			
20			
01 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			

7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12		GYMN	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		GYMN	(WILD, TAK, DO, FP, WS)
19			
20			
02 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12		GYMN	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

17			
18		GYMN	(WILD, TAK, DO, FP, WS)
19			
20			
03 PM 1	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
04 PM 1	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		

7	TRSH3		
8	TRSH3		
9	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
05 PM 1	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

17	TRSH3		
18	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
06 PM 1	TRSH3	GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12		GYMN	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		GYMN	(WILD, TAK, DO, FP, WS)
19			
20			
07 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			

7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12		GYMN	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		GYMN	(WILD, TAK, DO, FP, WS)
19			
20			
08 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12		GYMN	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

17			
18		GYMN	(WILD, TAK, DO, FP, WS)
19			
20			
09 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12		GYMN	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		GYMN	(WILD, TAK, DO, FP, WS)
19			
20			
10 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			

7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12		GYMN	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		GYMN	(WILD, TAK, DO, FP, WS)
19			
20			
11 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			

15			
16			
17			
18			
19			
20			
12 PM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			

4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			

17			
18			
19			
20			
03 AM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
DAY 4			
4 AM 1		GYMN	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3			
4			
5			
6			

7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9			
10		GYMN	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18			
19			
20			
5 AM 1	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		

15	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
6 AM 1	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
7 AM 1	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
7	TRSH4		

8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
8 AM 1	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		

9 AM 1	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
10 AM 1	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH4		

11	TRSH4		
12	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
11 AM 1	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		GYMN	(WILD, TAK, DO, FP, WS)
4			
5		GYMN	(WILD, TAK, DO, FP, WS)
6			
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12		GYMN	(WILD, TAK, DO, FP, WS)
13			
14			
15		GYMN	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		GYMN	(WILD, TAK, DO, FP, WS)
19			
20			

12 AM 1		GYMN	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		GYMN	(WILD, TAK, DO, FP, WS)
4			
5			
6		GYMN	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12		GYMN	(WILD, TAK, DO, FP, WS)
13			
14			
15		GYMN	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		GYMN	(WILD, TAK, DO, FP, WS)
19			
20			
01 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		GYMN	(WILD, TAK, DO, FP, WS)
4			
5			
6		GYMN	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12		GYMN	(WILD, TAK, DO, FP, WS)
13			
14			
15		GYMN	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		GYMN	(WILD, TAK, DO, FP, WS)
19			
20			
02 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4			
5			
6		GYMN	(WILD, TAK, DO, FP, WS)
7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12		GYMN	(WILD, TAK, DO, FP, WS)
13			
14			
15		GYMN	(WILD, TAK, DO, FP, WS)
16			
17			
18		GYMN	(WILD, TAK, DO, FP, WS)
19			
20			

03 PM 1	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
04 PM 1	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH4		

11	TRSH4		
12	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
05 PM 1	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		

06 PM 1	TRSH4	GYMN	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		GYMN	(WILD, TAK, DO, FP, WS)
4			
5			
6		GYMN	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12		GYMN	(WILD, TAK, DO, FP, WS)
13			
14			
15		GYMN	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		GYMN	(WILD, TAK, DO, FP, WS)
19			
20			
07 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		GYMN	(WILD, TAK, DO, FP, WS)
4			
5			
6		GYMN	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12		GYMN	(WILD, TAK, DO, FP, WS)
13			
14			
15		GYMN	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		GYMN	(WILD, TAK, DO, FP, WS)
19			
20			
08 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4			
5			
6		GYMN	(WILD, TAK, DO, FP, WS)
7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12		GYMN	(WILD, TAK, DO, FP, WS)
13			
14			
15		GYMN	(WILD, TAK, DO, FP, WS)
16			
17			
18		GYMN	(WILD, TAK, DO, FP, WS)
19			
20			

09 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		GYMN	(WILD, TAK, DO, FP, WS)
4			
5			
6		GYMN	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		GYMN	(WILD, TAK, DO, FP, WS)
10			
11			
12		GYMN	(WILD, TAK, DO, FP, WS)
13			
14			
15		GYMN	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		GYMN	(WILD, TAK, DO, FP, WS)
19			
20			
10 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2			
3		GYMN	(WILD, TAK, DO, FP, WS)
4			
5			
6		GYMN	(WILD, TAK, DO, FP, WS)
7			
8			
9		GYMN	(WILD, TAK, DO, FP, WS)
10			

11			
12		GYMN	(WILD, TAK, DO, FP, WS)
13			
14			
15		GYMN	(WILD, TAK, DO, FP, WS)
16			
17			
18		GYMN	(WILD, TAK, DO, FP, WS)
19			
20			
11 PM 1		GYMN	(WILD, TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

12 PM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			

10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP4		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed

			carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

[Sign in](#)

Quick Navigation	EcoPort	Housekeeping Links
------------------	-------------------------	--------------------

Your logo & banner could be here - [read more](#) about supporting our free public service



Contributor: [Dr. Pankaj Oudhia](#)

Interactive Table

ID: 78138

[View Groups](#)

Day 185 to 188 of 200 days schedule (CC3) for treatment of complicated cases of Type II Diabetes suggested by Traditional Healers of Indian state Chhattisgarh. [Related Tables](#). [Related](#)

[Report.](#)

Time/Remedies	External Remedies	Internal Remedies	Remarks
DAY 1			
4 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
5 AM 1	TRSH1	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	PUNI	(WILD, TAK, DO, FP, WS)
11	TRSH1		

12	TRSH1		
13	TRSH1		
14	TRSH1		
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
6 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
7 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			

7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
8 AM 1	TRSH1	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	PUNI	(WILD, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
9 AM 1		PUNI	(WILD, TAK, DO, FP, WS)

2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
10 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			

17			
18			
19			
20			
11 AM 1	TRSH1	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH1		
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
12 AM 1	TRSH1	PUNI	(WILD, TAK, DO, FP, WS)
2			
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	PUNI	(WILD, TAK, DO, FP, WS)
11	TRSH1		

12	TRSH1		
13	TRSH1		
14	TRSH1		
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
01 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
02 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			

7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 PM 1	TRSH1	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	PUNI	(WILD, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
04 PM 1		PUNI	(WILD, TAK, DO, FP, WS)

2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
05 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			

17			
18			
19			
20			
06 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
07 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			

12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
08 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
09 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			

7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
10 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			

20			
11 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			

6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			

19			
20			
02 AM 1	HDP4		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			

8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
DAY 2			
4 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
5 AM 1		PUNI	(WILD, TAK, DO, FP, WS)

2	TRSH2		
3	TRSH2		
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2		
10	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
6 AM 1	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
7 AM 1	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
8 AM 1	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)

10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
9 AM 1	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
10 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			

3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 AM 1	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		

16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
12 AM 1	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
01 PM 1	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			

11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
02 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
03 PM 1	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
2			
3	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)

4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
04 PM 1	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		

17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
05 PM 1	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
06 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			

12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
07 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
08 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			

5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
09 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			

18			
19			
20			
10 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			

6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			

19			
20			
01 AM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			

8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

DAY 3			
4 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
19			
20			
5 AM 1	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3		
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3		

10	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
11	TRSH3		
12	TRSH3		
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3		
17	TRSH3		
18	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
19	TRSH3		
20	TRSH3		
6 AM 1	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH3		

20	TRSH3		
7 AM 1	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
8 AM 1	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)

10	TRSH3		
11	TRSH3		
12	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
9 AM 1	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			

20			
10 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
11 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)

10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
12 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			

20			
01 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
02 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)

10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
03 PM 1	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH3		

20	TRSH3		
04 PM 1	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
05 PM 1	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)

10	TRSH3		
11	TRSH3		
12	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
06 PM 1	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			

20			
07 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
08 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)

10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
09 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			

20			
10 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
11 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			

5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			

18			
19			
20			
01 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			

7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			

20			
DAY 4			
4 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3			
4			
5			
6			
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18			
19			
20			
5 AM 1	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)

7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
6 AM 1	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH4		

20	TRSH4		
7 AM 1	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
8 AM 1	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)

10	TRSH4		
11	TRSH4		
12	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
9 AM 1	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH4		

20	TRSH4		
10 AM 1	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
11 AM 1	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5		PUNI	(WILD, TAK, DO, FP, WS)
6			
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)

13			
14			
15		PUNI	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
12 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6		PUNI	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15		PUNI	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			

01 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6		PUNI	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15		PUNI	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
02 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6		PUNI	(WILD, TAK, DO, FP, WS)
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			

11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15		PUNI	(WILD, TAK, DO, FP, WS)
16			
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
03 PM 1	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		

04 PM 1	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
05 PM 1	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH4		

14	TRSH4		
15	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
06 PM 1	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6		PUNI	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15		PUNI	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
07 PM 1		PUNI	(WILD, TAK, DO, FP, WS)

2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6		PUNI	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15		PUNI	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
08 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6		PUNI	(WILD, TAK, DO, FP, WS)
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			

12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15		PUNI	(WILD, TAK, DO, FP, WS)
16			
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
09 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6		PUNI	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15		PUNI	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
10 PM 1		PUNI	(WILD, TAK, DO, FP, WS)

2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6		PUNI	(WILD, TAK, DO, FP, WS)
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15		PUNI	(WILD, TAK, DO, FP, WS)
16			
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
11 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			

12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then

			consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			

14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP4		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

[Sign in](#)

Quick Navigation



[EcoPort](#)

Housekeeping Links



Your logo & banner could be here - [read more](#) about supporting our free public

service



Contributor: [Dr. Pankaj Oudhia](#)

Interactive Table

ID: 78139

[View Groups](#)

Day 189 to 192 of 200 days schedule (CC3) for treatment of complicated cases of Type II Diabetes suggested by Traditional Healers of Indian state Chhattisgarh. [Related Tables](#). [Related Report](#).

Time/Remedies	External Remedies	Internal Remedies	Remarks
DAY 1			
4 AM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
5 AM 1	TRSH1	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH1		

3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	JAMU	(WILD, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1		
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
6 AM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			

18			
19			
20			
7 AM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
8 AM 1	TRSH1	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	JAMU	(WILD, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate

		FP, SECO, DO, NACOM)	to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
9 AM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
10 AM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, TAK, DO, FP, WS)

11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 AM 1	TRSH1	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1	JAMU	(WILD, TAK, DO, FP, WS)
10	TRSH1		
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
12 AM 1	TRSH1	JAMU	(WILD, TAK, DO, FP, WS)
2			
3	TRSH1		

4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	JAMU	(WILD, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1		
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
01 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			

19			
20			
02 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 PM 1	TRSH1	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	JAMU	(WILD, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs

		NACOM)	with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
04 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
05 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, TAK, DO, FP, WS)
11			

12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
06 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
07 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3			
4			

5			
6			
7			
8			
9			
10		JAMU	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
08 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			

20			
09 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
10 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or

			wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			

12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP4		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then

			consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
DAY 2			
4 AM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		JAMU	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

15			
16			
17			
18			
19			
20			
5 AM 1		JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2		
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2		
10	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
6 AM 1	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)

10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
7 AM 1	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
8 AM 1	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH2		

3	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
9 AM 1	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		

16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
10 AM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 AM 1	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
10	TRSH2		

11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
12 AM 1	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
01 PM 1	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)

4			
5			
6			
7			
8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
02 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			

17			
18			
19			
20			
03 PM 1	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
2			
3	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
04 PM 1	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		

12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
05 PM 1	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	JAMU	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
06 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)
4			

5			
6			
7			
8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
07 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			

18			
19			
20			
08 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
09 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12			

13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
10 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have

			respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			

11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have

			respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			

14			
15			
16			
17			
18			
19			
20			
DAY 3			
4 AM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3			
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
19			
20			
5 AM 1	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3		
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate

		FP, SECO, DO, NACOM)	to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3		
10	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
11	TRSH3		
12	TRSH3		
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3		
17	TRSH3		
18	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
19	TRSH3		
20	TRSH3		
6 AM 1	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		

16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
7 AM 1	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
8 AM 1	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs

		NACOM)	with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
9 AM 1	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, TAK, DO, FP, WS)
19			
20			
10 AM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, TAK, DO, FP, WS)
19			
20			
11 AM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

5			
6			
7			
8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, TAK, DO, FP, WS)
19			
20			
12 AM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate

		FP, SECO, DO, NACOM)	to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, TAK, DO, FP, WS)
19			
20			
01 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, TAK, DO, FP, WS)
19			
20			
02 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

5			
6			
7			
8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, TAK, DO, FP, WS)
19			
20			
03 PM 1	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate

		FP, SECO, DO, NACOM)	to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
04 PM 1	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
05 PM 1	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
06 PM 1	TRSH3	JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate

		FP, SECO, DO, NACOM)	to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, TAK, DO, FP, WS)
19			
20			
07 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, TAK, DO, FP, WS)
19			
20			
08 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

5			
6			
7			
8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, TAK, DO, FP, WS)
19			
20			
09 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate

		FP, SECO, DO, NACOM)	to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, TAK, DO, FP, WS)
19			
20			
10 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, TAK, DO, FP, WS)
19			
20			
11 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external

			remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			

14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			

3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			

16			
17			
18			
19			
20			
DAY 4			
4 AM 1		JAMU	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3			
4			
5			
6			
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9			
10		JAMU	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18			
19			
20			
5 AM 1	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

3	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
6 AM 1	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)

16	TRSH4		
17	TRSH4		
18	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
7 AM 1	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
8 AM 1	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		

6	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
9 AM 1	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs

		NACOM)	with this formulation.
17	TRSH4		
18	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
10 AM 1	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
11 AM 1	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		JAMU	(WILD, TAK, DO, FP, WS)
4			
5		JAMU	(WILD, TAK, DO, FP, WS)
6			
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, TAK, DO, FP, WS)
13			
14			
15		JAMU	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, TAK, DO, FP, WS)
19			
20			
12 AM 1		JAMU	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		JAMU	(WILD, TAK, DO, FP, WS)
4			
5			
6		JAMU	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, TAK, DO, FP, WS)
13			
14			
15		JAMU	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

17			
18		JAMU	(WILD, TAK, DO, FP, WS)
19			
20			
01 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		JAMU	(WILD, TAK, DO, FP, WS)
4			
5			
6		JAMU	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, TAK, DO, FP, WS)
13			
14			
15		JAMU	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, TAK, DO, FP, WS)
19			
20			
02 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)
4			
5			
6		JAMU	(WILD, TAK, DO, FP, WS)

7			
8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, TAK, DO, FP, WS)
13			
14			
15		JAMU	(WILD, TAK, DO, FP, WS)
16			
17			
18		JAMU	(WILD, TAK, DO, FP, WS)
19			
20			
03 PM 1	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

17	TRSH4		
18	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
04 PM 1	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
05 PM 1	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)

10	TRSH4		
11	TRSH4		
12	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
06 PM 1	TRSH4	JAMU	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		JAMU	(WILD, TAK, DO, FP, WS)
4			
5			
6		JAMU	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, TAK, DO, FP, WS)
13			
14			
15		JAMU	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			

18		JAMU	(WILD, TAK, DO, FP, WS)
19			
20			
07 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		JAMU	(WILD, TAK, DO, FP, WS)
4			
5			
6		JAMU	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, TAK, DO, FP, WS)
13			
14			
15		JAMU	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		JAMU	(WILD, TAK, DO, FP, WS)
19			
20			
08 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)
4			
5			
6		JAMU	(WILD, TAK, DO, FP, WS)
7			

8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, TAK, DO, FP, WS)
13			
14			
15		JAMU	(WILD, TAK, DO, FP, WS)
16			
17			
18		JAMU	(WILD, TAK, DO, FP, WS)
19			
20			
09 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		JAMU	(WILD, TAK, DO, FP, WS)
4			
5			
6		JAMU	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, TAK, DO, FP, WS)
13			
14			
15		JAMU	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			

18		JAMU	(WILD, TAK, DO, FP, WS)
19			
20			
10 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2			
3		JAMU	(WILD, TAK, DO, FP, WS)
4			
5			
6		JAMU	(WILD, TAK, DO, FP, WS)
7			
8			
9		JAMU	(WILD, TAK, DO, FP, WS)
10			
11			
12		JAMU	(WILD, TAK, DO, FP, WS)
13			
14			
15		JAMU	(WILD, TAK, DO, FP, WS)
16			
17			
18		JAMU	(WILD, TAK, DO, FP, WS)
19			
20			
11 PM 1		JAMU	(WILD, TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			

8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

01 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			

10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP4		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

[Sign in](#)

Quick Navigation

[EcoPort](#)

Housekeeping Links

Your logo & banner could be here - [read more](#) about supporting our free public service



Contributor: [Dr. Pankaj Oudhia](#)

Interactive Table

ID: 78140

[View Groups](#)

Day 193 to 196 of 200 days schedule (CC3) for treatment of complicated cases of Type II Diabetes suggested by Traditional Healers of Indian state Chhattisgarh. [Related Tables](#). [Related Report](#).

Time/Remedies	External Remedies	Internal Remedies	Remarks
DAY 1			
4 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			

19			
20			
5 AM 1	TRSH1	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	PUNI	(WILD, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1		
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
6 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs

		NACOM)	with this formulation.
15			
16			
17			
18			
19			
20			
7 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
8 AM 1	TRSH1	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	PUNI	(WILD, TAK, DO, FP, WS)
11	TRSH1		

12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
9 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
10 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			

7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 AM 1	TRSH1	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH1		
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		

20	TRSH1		
12 AM 1	TRSH1	PUNI	(WILD, TAK, DO, FP, WS)
2			
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	PUNI	(WILD, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1		
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
01 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

15			
16			
17			
18			
19			
20			
02 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 PM 1	TRSH1	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	PUNI	(WILD, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		

13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
04 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
05 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			

8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
06 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			

07 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
08 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			

16			
17			
18			
19			
20			
09 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
10 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)

11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			

19			
20			
12 PM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			

8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP4		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

03 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
DAY 2			
4 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			

13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
5 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2		
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2		
10	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
6 AM 1	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		

6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
7 AM 1	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			

19			
20			
8 AM 1	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
9 AM 1	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		

14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
10 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 AM 1	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		

7	TRSH2		
8	TRSH2		
9	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
12 AM 1	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		

20	TRSH2		
01 PM 1	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
02 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
03 PM 1	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
2			
3	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
04 PM 1	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		

7	TRSH2		
8	TRSH2		
9	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
05 PM 1	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		

20	TRSH2		
06 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
07 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
08 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
09 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6			

7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
10 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			

20			
11 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			

6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			

19			
20			
02 AM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			

8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
DAY 3			
4 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3			
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
19			

20			
5 AM 1	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3		
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3		
10	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
11	TRSH3		
12	TRSH3		
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3		
17	TRSH3		
18	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
19	TRSH3		
20	TRSH3		
6 AM 1	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)

10	TRSH3		
11	TRSH3		
12	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
7 AM 1	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH3		

20	TRSH3		
8 AM 1	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
9 AM 1	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)

10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
10 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			

20			
11 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
12 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)

10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
01 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			

20			
02 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
03 PM 1	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)

10	TRSH3		
11	TRSH3		
12	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
04 PM 1	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH3		

20	TRSH3		
05 PM 1	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
06 PM 1	TRSH3	PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)

10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
07 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			

20			
08 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
09 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)

10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
10 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			

20			
11 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			

6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			

19			
20			
02 AM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			

8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
DAY 4			
4 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3			
4			
5			
6			
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9			
10		PUNI	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

17			
18			
19			
20			
5 AM 1	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
6 AM 1	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)

7	TRSH4		
8	TRSH4		
9	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
7 AM 1	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

17	TRSH4		
18	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
8 AM 1	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
9 AM 1	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)

10	TRSH4		
11	TRSH4		
12	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
10 AM 1	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
11 AM 1	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.

3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5		PUNI	(WILD, TAK, DO, FP, WS)
6			
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15		PUNI	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
12 AM 1		PUNI	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6		PUNI	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		PUNI	(WILD, TAK, DO, FP, WS)
10			

11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15		PUNI	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
01 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6		PUNI	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15		PUNI	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)

19			
20			
02 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6		PUNI	(WILD, TAK, DO, FP, WS)
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15		PUNI	(WILD, TAK, DO, FP, WS)
16			
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
03 PM 1	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		

12	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
04 PM 1	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
05 PM 1	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
4	TRSH4		

5	TRSH4		
6	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
06 PM 1	TRSH4	PUNI	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6		PUNI	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)

13			
14			
15		PUNI	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
07 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6		PUNI	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15		PUNI	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			

08 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6		PUNI	(WILD, TAK, DO, FP, WS)
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15		PUNI	(WILD, TAK, DO, FP, WS)
16			
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
09 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6		PUNI	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			

14			
15		PUNI	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
10 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2			
3		PUNI	(WILD, TAK, DO, FP, WS)
4			
5			
6		PUNI	(WILD, TAK, DO, FP, WS)
7			
8			
9		PUNI	(WILD, TAK, DO, FP, WS)
10			
11			
12		PUNI	(WILD, TAK, DO, FP, WS)
13			
14			
15		PUNI	(WILD, TAK, DO, FP, WS)
16			
17			
18		PUNI	(WILD, TAK, DO, FP, WS)
19			
20			
11 PM 1		PUNI	(WILD, TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3

			AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			

15			
16			
17			
18			
19			
20			
01 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			

4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP4		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			

17			
18			
19			
20			

[Sign in](#)

Quick Navigation	EcoPort	Housekeeping Links
------------------	-------------------------	--------------------

Your logo & banner could be here - [read more](#) about supporting our free public service



Contributor: [Dr. Pankaj Oudhia](#)

Interactive Table

ID: 78141

[View Groups](#)

Day 197 to 200 of 200 days schedule (CC3) for treatment of complicated cases of Type II Diabetes suggested by Traditional Healers of Indian state Chhattisgarh. [Related Tables](#). [Related Report](#).

Time/Remedies	External Remedies	Internal Remedies	Remarks
DAY 1			
4 AM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
5 AM 1	TRSH1	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	BAFR	(WILD, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1		
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
6 AM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			

10		BAFR	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
7 AM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAFR	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
8 AM 1	TRSH1	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		

5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	BAFR	(WILD, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
9 AM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAFR	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			

20			
10 AM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAFR	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 AM 1	TRSH1	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH1		
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
12 AM 1	TRSH1	BAFR	(WILD, TAK, DO, FP, WS)
2			
3	TRSH1		
4	TRSH1		
5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	BAFR	(WILD, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1		
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
01 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			

10		BAFR	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
02 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAFR	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 PM 1	TRSH1	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH1		
3	TRSH1		
4	TRSH1		

5	TRSH1		
6	TRSH1		
7	TRSH1		
8	TRSH1		
9	TRSH1		
10	TRSH1	BAFR	(WILD, TAK, DO, FP, WS)
11	TRSH1		
12	TRSH1		
13	TRSH1		
14	TRSH1	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH1		
16	TRSH1		
17	TRSH1		
18	TRSH1		
19	TRSH1		
20	TRSH1		
04 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAFR	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			

20			
05 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAFR	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
06 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAFR	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
07 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAFR	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
08 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			

7			
8			
9			
10		BAFR	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
09 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3			
4			
5			
6			
7			
8			
9			
10		BAFR	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
10 PM 1		BAFR	(WILD, TAK, DO, FP, WS)

2			
3			
4			
5			
6			
7			
8			
9			
10		BAFR	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			

10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed

			carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP4		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			

13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
DAY 2			
4 AM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3			
4			

5			
6			
7			
8			
9			
10		BAFR	(WILD, TAK, DO, FP, WS)
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
5 AM 1		BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2		
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2		
10	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		

18	TRSH2		
19	TRSH2		
20	TRSH2		
6 AM 1	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
7 AM 1	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12			

13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
8 AM 1	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
9 AM 1	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		

6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
10 AM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			

19			
20			
11 AM 1	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
12 AM 1	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		

14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
01 PM 1	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
02 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4			
5			
6			

7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
03 PM 1	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
2			
3	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		

20	TRSH2		
04 PM 1	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
05 PM 1	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH2		
3	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH2		
5	TRSH2		
6	TRSH2		
7	TRSH2		
8	TRSH2		
9	TRSH2	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH2		
11	TRSH2		
12	TRSH2		
13	TRSH2		
14	TRSH2	CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15	TRSH2		
16	TRSH2		
17	TRSH2		
18	TRSH2		
19	TRSH2		
20	TRSH2		
06 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
07 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4			
5			
6			

7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
08 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			

20			
09 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
10 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4			
5			
6			
7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12			
13			
14		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
15			
16			
17			
18			
19			
20			
11 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or

			wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			

12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then

			consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
DAY 3			
4 AM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3			
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			

15			
16			
17			
18		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
19			
20			
5 AM 1	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3		
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3		
10	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
11	TRSH3		
12	TRSH3		
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3		
17	TRSH3		
18	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
19	TRSH3		
20	TRSH3		
6 AM 1	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
7 AM 1	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		

15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
8 AM 1	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
9 AM 1	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, TAK, DO, FP, WS)
19			
20			
10 AM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, TAK, DO, FP, WS)
13			
14			

15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, TAK, DO, FP, WS)
19			
20			
11 AM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, TAK, DO, FP, WS)
19			
20			
12 AM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, TAK, DO, FP, WS)
19			
20			
01 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, TAK, DO, FP, WS)
13			
14			

15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, TAK, DO, FP, WS)
19			
20			
02 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, TAK, DO, FP, WS)
19			
20			
03 PM 1	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
04 PM 1	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		

15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
05 PM 1	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH3		
3	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5	TRSH3		
6	TRSH3		
7	TRSH3		
8	TRSH3		
9	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH3		
11	TRSH3		
12	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
13	TRSH3		
14	TRSH3		
15	TRSH3		
16	TRSH3	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH3		
18	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
19	TRSH3		
20	TRSH3		
06 PM 1	TRSH3	BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, TAK, DO, FP, WS)
19			
20			
07 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, TAK, DO, FP, WS)
13			
14			

15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, TAK, DO, FP, WS)
19			
20			
08 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, TAK, DO, FP, WS)
19			
20			
09 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, TAK, DO, FP, WS)
13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, TAK, DO, FP, WS)
19			
20			
10 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
5			
6			
7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, TAK, DO, FP, WS)
13			
14			

15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, TAK, DO, FP, WS)
19			
20			
11 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP3		Prepare it at home under supervision of Traditional Healers. Use organically grown or

			wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			

12			
13			
14			
15			
16			
17			
18			
19			
20			
02 AM 1	HDP2		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then

			consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
DAY 4			
4 AM 1		BAFR	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3			
4			
5			
6			
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9			
10		BAFR	(WILD, TAK, DO, FP, WS)
11			
12			

13			
14			
15			
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18			
19			
20			
5 AM 1	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		

6 AM 1	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
7 AM 1	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
13	TRSH4		

14	TRSH4		
15	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
8 AM 1	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
9 AM 1	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)

7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
10 AM 1	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
19	TRSH4		

20	TRSH4		
11 AM 1	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		BAFR	(WILD, TAK, DO, FP, WS)
4			
5		BAFR	(WILD, TAK, DO, FP, WS)
6			
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, TAK, DO, FP, WS)
13			
14			
15		BAFR	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, TAK, DO, FP, WS)
19			
20			
12 AM 1		BAFR	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		BAFR	(WILD, TAK, DO, FP, WS)
4			
5			
6		BAFR	(WILD, TAK, DO, FP, WS)
7			

8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, TAK, DO, FP, WS)
13			
14			
15		BAFR	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, TAK, DO, FP, WS)
19			
20			
01 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		BAFR	(WILD, TAK, DO, FP, WS)
4			
5			
6		BAFR	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, TAK, DO, FP, WS)
13			
14			
15		BAFR	(WILD, TAK, DO, FP, WS)

16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, TAK, DO, FP, WS)
19			
20			
02 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4			
5			
6		BAFR	(WILD, TAK, DO, FP, WS)
7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, TAK, DO, FP, WS)
13			
14			
15		BAFR	(WILD, TAK, DO, FP, WS)
16			
17			
18		BAFR	(WILD, TAK, DO, FP, WS)
19			
20			
03 PM 1	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
04 PM 1	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH4		
3	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4		
9	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
16	TRSH4		
17	TRSH4		
18	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		

05 PM 1	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
2	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
4	TRSH4		
5	TRSH4		
6	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
7	TRSH4		
8	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
10	TRSH4		
11	TRSH4		
12	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
13	TRSH4		
14	TRSH4		
15	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
16	TRSH4	CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17	TRSH4		
18	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
19	TRSH4		
20	TRSH4		
06 PM 1	TRSH4	BAFR	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		BAFR	(WILD, TAK, DO, FP, WS)
4			
5			
6		BAFR	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, TAK, DO, FP, WS)
13			
14			
15		BAFR	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, TAK, DO, FP, WS)
19			
20			
07 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		BAFR	(WILD, TAK, DO, FP, WS)
4			
5			
6		BAFR	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, TAK, DO, FP, WS)
13			
14			
15		BAFR	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-	Take it under strict supervision of Traditional

		10T, TAK, SP, FP, SECO, DO, NACOM)	Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, TAK, DO, FP, WS)
19			
20			
08 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4			
5			
6		BAFR	(WILD, TAK, DO, FP, WS)
7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, TAK, DO, FP, WS)
13			
14			
15		BAFR	(WILD, TAK, DO, FP, WS)
16			
17			
18		BAFR	(WILD, TAK, DO, FP, WS)
19			
20			
09 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
3		BAFR	(WILD, TAK, DO, FP, WS)
4			
5			
6		BAFR	(WILD, TAK, DO, FP, WS)
7			
8		CHF3 (5P-8S-10T, TAK, SP,	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate

		FP, SECO, DO, NACOM)	to consult the Healers. Don't take modern drugs with this formulation.
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, TAK, DO, FP, WS)
13			
14			
15		BAFR	(WILD, TAK, DO, FP, WS)
16		CHF3 (5P-8S-10T, TAK, SP, FP, SECO, DO, NACOM)	Take it under strict supervision of Traditional Healers. Keep control over diet. Don't hesitate to consult the Healers. Don't take modern drugs with this formulation.
17			
18		BAFR	(WILD, TAK, DO, FP, WS)
19			
20			
10 PM 1		BAFR	(WILD, TAK, DO, FP, WS)
2			
3		BAFR	(WILD, TAK, DO, FP, WS)
4			
5			
6		BAFR	(WILD, TAK, DO, FP, WS)
7			
8			
9		BAFR	(WILD, TAK, DO, FP, WS)
10			
11			
12		BAFR	(WILD, TAK, DO, FP, WS)
13			
14			
15		BAFR	(WILD, TAK, DO, FP, WS)
16			
17			
18		BAFR	(WILD, TAK, DO, FP, WS)
19			
20			
11 PM 1		BAFR	(WILD, TAK, DO, FP, WS)

2	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
3			For special remedies particularly external remedies for blank periods (from 11PM to 3 AM) administrated by caretakers, please consult Traditional Healers. It may be different for different patients.
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
12 PM 1	HDP1		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			

8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
01 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

02 AM 1	HDP5		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
03 AM 1	HDP4		Prepare it at home under supervision of Traditional Healers. Use organically grown or wild ingredients. Care takers must be instructed carefully. Try to prepare it daily. If patients have respiratory troubles or any related trouble then consult Healers for modifications.
2			
3			
4			
5			
6			
7			
8			
9			

10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

[Sign in](#)